

NABBA / WFF

NEW ZEALAND



NZ WEBSITE <http://www.nabba-wff.com>

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REGISTERED HEAD OFFICE
NABBA/WFF NEW ZEALAND LTD PO BOX 6680 CHRISTCHURCH NEW ZEALAND

NABBA/ WFF NEW ZEALAND CATEGORIES

(Athletes may enter one category only)



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NABBA DIVISIONS "HARDCORE"

Junior Men/Women	Under 21 yrs on 1 st January of any current year
Masters Men	Over 40 yrs
Grandmasters Men	Over 50 yrs
Men Mr Class 4	Height Below 1.65m
Men Mr Class 3	Height Between 1.65m and 1.72m
Men Mr Class 2	Height Between 1.72m and 1.79m
Men Mr Class 1	Height Over 1.79m
Novice Men	Never placed first in Any Contest of Any Federation
Miss Figure Masters	Over 35 years
Miss Figure Class 2	Height Below 1.63m
Miss Figure Class 1	Height Over 1.63m
Miss Physique	Weight Recommended to be Over 60 kg
Novice Figure	Never placed first in Any Contest of Any Federation

***TOP THREE NABBA MALE & FEMALE CLASS WINNERS QUALIFY
FOR NABBA WORLDS or UNIVERSE**



WFF DIVISIONS "NATURAL"

WFF Mr. Athletic Junior	Deadline 23 rd Birthday (Height & Weight restrictions apply)
WFF Masters Men	Over 35 yrs (Height & Weight restrictions apply)
WFF Grand Masters Men	Over 50 yrs (Height & Weight restrictions apply)
WFF Mr Athletic Open Class 4	Height Below 1.65m Weight Under 67 kg
Class 3	Height Between 1.65m and 1.72m Weight Under 74kg
Class 2	Height Between 1.72m and 1.79m Weight Under 81 kg
Class 1	Height Over 1.79m Weight Under 87 kg
WFF Mr Fitness Model	2 Rounds: Swimwear / Sportswear Quarter Turns only
WFF Mr & Miss NOVICE NZ only	(Height & Weight restrictions apply) one class Never won or placed top two in WFF division
WFF Miss Athletic Masters	Over 35yrs (Height & Weight restrictions apply)
WFF Miss Athletic Open Class 2	Height Under 1.63m Weight Under 50Kg
WFF Miss Athletic Open Class 1	Height Over 1.63m Weight Under 57Kg
WFF Miss Bikini Model	1 Round: Bikini Quarter Turns only.
WFF Miss Glamour Sports Model	3 Rounds: Bikini/Sportswear/Glamour Quarter Turns NZ only with 3 rounds
WFF Miss Aerobics Fitness	2 Rounds: Bikini/ 90 sec Aerobics Routine .
WFF Miss Extreme Body (Physique)	Must be under 60 kgs

***TOP THREE WFF MALE & FEMALE CLASS WINNERS QUALIFY
FOR WFF UNIVERSE or WORLDS**