



2021 WFF REGIONAL/NATIONAL & PRO-AM CATEGORIES

Body building & figure classes do include:

Novice Figure & Novice Mens Physique one class, **Junior** under 24 yrs, **Masters Men** Over 50
& **Masters Women** Over 50

please note they are still to hit height/weight limits as info below.



MENS BODYBUILDING						
HEIGHT	FIRST TIMER	FITNESS	PERFORMANCE	ATHLETIC	SUPERBODY	EXTREME
Under 1.65m	Open	<65kg	65 – 70kg	70 – 75kg	75 – 80kg	80kg up
1.65 – 1.72m	Never competed	<70kg	70 – 75kg	75 – 80kg	80 – 85kg	85kg up
1.72 – 1.79m		<75kg	75 – 80kg	80 – 85kg	85 – 90kg	90kg up
Over 1.79m		<80kg	80 – 85kg	85 – 90kg	90 – 95 kg	95kg up

WOMENS PHYSIQUE	
FIRST TIMER	Never competed
NOVICE	Never placed first in any contest any organisation
OPEN	One class Only

WOMENS FIGURE						
HEIGHT	FIRST TIMER	FITNESS	PERFORMANCE	ATHLETIC	SUPERBODY	EXTREME
Under 1.63m	Open	<45kg	45 – 50kg	50 – 55kg	55 – 60kg	60kg up
Over 1.63m	Never competed	<50kg	50 – 55kg	55 – 60kg	60 – 65kg	65kg up

MODEL CLASSES

WOMEN'S CLASSES			
AEROBIC FITNESS		90 – 120 second Gymnastics/Aerobics routine only	
BIKINI MODEL	FIRST TIMER	Never competed	All competitors complete round one Bikini only. (T Model Walk)
	NOVICE	Never Placed First	
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.63m	
	TALL	Height Over 1.63m	
	O/30	Over 30 years	
SPORTS MODEL	FIRST TIMER	Never competed	All competitors complete two rounds. Round one: Sport Theme (T Model Walk) 90sec music
	NOVICE	Never Placed First	
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.63m	
	TALL	Height Over 1.63m	
	O/30	Over 30 years	

MEN'S CLASSES			
BEACH MODEL	FIRST TIMER	Never competed	All competitors complete Round on in Board Shorts only. (must be long board shorts bottom knee) (T Model Walk)
	NOVICE	Never Placed First	
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.72m	
	TALL	Height Over 1.72m	
	O/30	Over 30 years	
SPORTS MODEL	FIRST TIMER	Never competed	All competitors complete two rounds. Round one: Sports Theme (T Model Walk – mid thigh shorts) 90 secs music
	NOVICE	Never Placed First	
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.72m	
	TALL	Height Over 1.72m	
	O/30	Over 30 years	